

ཨོཾ་མཎི་པདྨེ་སྐྱེ་བུ་ཨོཾ་

TIBETAN

ཨོཾ་མཎི་པདྨེ་སྐྱེ་བུ་ཨོཾ་

CULTURAL FESTIVAL

Aug. 25-29, 2008 at Valhalla, Tallac Historic Site, So. Lake Tahoe

Come celebrate the vibrant cultural traditions of Tibet at Valhalla in the beautiful Tallac Historic Site just 10 minutes south of Emerald Bay at Lake Tahoe. Ven. Losang Samten, renowned Tibetan Scholar, spiritual teacher and artist, will return to Valhalla to teach, and to create a sacred Medicine Buddha Sand Mandala, the centerpiece of the Festival.



Photo courtesy of Cheryl Hogan

Mon, August 25 11 AM to Noon TIBETAN FESTIVAL OPENING CEREMONIES. We will begin with a traditional Tibetan ceremony by raising Tibetan Prayer Flags so the prayers can be carried by the wind. Losang Samten will then perform the Medicine Buddha Sand Mandala opening ceremony in the Grand Hall with Tibetan ritual chants.

12:00 NOON to 5:00 PM TIBETAN CULTURAL FESTIVAL activities will feature authentic Tibetan food, exhibits, music, and vendors with Tibetan arts and crafts. Tibetan Lama Losang Samten will begin construction of the Medicine Buddha Sand Mandala.



TUESDAY, AUGUST 26 11 AM to 5 PM Enjoy authentic Tibetan food, meet Tibetan vendors offering jewelry, crafts, and art, and listen to Tibetan music on Valhalla's lakeside lawn. Losang will continue to create the sand mandala by pouring grains of colored sand from a traditional metal funnel called a Chakpur. Join him each morning from 11:00-11:30 in silent meditation before he begins on the sand mandala. During the day Losang will also tell stories, teach, and explain the meaning of the Mandala. Valhalla Grand Hall. Donations welcome.

TUESDAY, AUGUST 26 7:00 to 9:00 PM LIFE, DEATH, AND REINCARNATION Losang Samten will help us understand the process of life, death, and rebirth from the Buddhist perspective. "If we wish to die well, we must learn how to live well: hoping for a peaceful death, we must cultivate peace in our mind and in our way of life" *H.H. Dalai Lama* Suggested Donation \$15. Valhalla Grand Hall

WEDNESDAY, AUGUST 27 11 AM to 5 PM Tibetan Lama Losang Samten will continue placing colored grains of sand into the mandala, taking breaks to teach and tell stories. Everyone, including children and groups are encouraged to stop by. The Tibetan Festival will continue with authentic Tibetan food, music, arts and crafts on the lakeside Valhalla Lawn. Donations gratefully accepted.

THURSDAY, AUGUST 28 11 AM – 5 PM Tibetan Festival and Construction of Sand Mandala continues.
THURSDAY, AUG 28 7:00 -9:00 PM – MEDICINE BUDDHA HEALING MEDITATION. Losang Samten will lead us in visualization, guided meditation, and chants. Medicine Buddha is said to be the manifestation of the healing energy of all enlightened beings. Valhalla Grand Hall. \$15 donation.

FRIDAY, AUGUST 29 11 AM – 5 PM Tibetan Festival and Construction of Tibetan Sand Mandala continues. Valhalla
FRIDAY, AUGUST 29 6:00 –7:30 PM SAND MANDALA CLOSING CEREMONY. Losang will sweep up the colored sands to symbolize impermanence, and then carry the sand to a body of water where it is ceremonially poured to disperse the healing energies of the mandala throughout the world. Valhalla Grand Hall. \$10 suggested donation.

SUNDAY, AUGUST 31 7-9 PM DORJE NAMJUM PURIFICATION CEREMONY. Losang Samten leads us through an ancient Tibetan ceremony ritual of healing and purification for ourselves, others, and the universe through prayer, meditation, and visualization as transmitted to him by the Dalai Lama. Location: Valhalla Suggested Donation: \$15.



TRUCKEE TEACHINGS WITH LOSANG SAMTEN: SAT. 8/16 – SAT. 8/23 For more info. www.nevadadharna.net

Information: Contact Dave or Jan Arnett at (530) 525-1900 or arnett@sierra.net for more information.

Website event schedule and poster: www.nevadadharna.net Info. about Losang Samten: www.losangsamten.com .

Directions: Valhalla is located on Hwy. 89, two miles north of the So. Lake Tahoe "Y." For directions go to: www.valhallatahove.com

All donations gratefully accepted to support Tibetan Refugee Communities and the Tahoe Tallac Association. Operated under permit with the LTBMU-USFS which prohibits discrimination